



CARMARTHENSHIRE
**LIVING WELL
CENTRE**

Directions to Parc Dewi Sant, Carmarthen

Address: Building 1, Parc Dewi Sant Job's Well Rd, Carmarthen

Post code: SA31 3HB

Google Maps: [Saint David's Park - Google Maps](#)

Parking: Ample parking on site. The most convenient car park would be outside building 1 (marked below).



Nearest car
Park

Front entrance

The centre is located between building 2 (main Reception) and the Nursery. As you come up the hill near the top, bear left and you will see a sign saying, CFK Gym. We are situated behind there and you will see clear branded signage (see logo above).

Toilets: Toilets are located near within building 1.

Cafe:

The Café is located at Building 2. Opening times
08:30am – 16:00pm

They offer weekly special along with sandwiches,
toasties, jacket potatoes and a variety of hot / cold
drinks.

Safety information:

In the interest of safety, guests should be made aware of the 5mph speed limit while
using the roads at Parc Dewi Sant.

Please be careful when using the paths, they can be slippery when wet.

In the event of a fire:

If you discover a fire during the day

- leave the room ensuring the door is shut behind you
- operate your nearest fire alarm
- Make your way to your nearest fire assembly point (your nearest assembly point
is assembly point 1 located in the car park outlined below).



Nearest Fire assembly
point