

## Corrina Price

### Arty Afternoon participant



**1. Could you tell us a little bit about yourself and what life was like before you got involved in the FF?**

I was indoors all the time for 2 years and I didn't have any contact with anyone at all and I started coming here because of the Age Cymru coffee morning.

**2. How did you get involved? What did you hope might happen as a result of getting involved?**

I got involved with Age Cymru first, through zoom for about a year and they said that there's going to be a coffee morning here and I first thought oh no that's my worst nightmare but I gave it a go as I knew I would see people I know and I walked in and I thought, this is my place, which a lot of people think as well.

**3. As a result of participating at the FF what do you think has been the most significant change for you personally?**

Confidence and learning how to socialise, people can't shut me up now and I think it helped me realise who I am as a person.

**4. What caused this change?**

There is no judgment here, there's no jealousy and bullying and you can be weird, people accept you for who you are.

**5. If you were to tell other people about People Speak Up, what would you say?**

I would say, there are similar people there and it's a really nice and friendly place. It's all been good experiences. It's been good to sit on different tables and talk to different people.

It has also made me better at art and writing.

**6. What title would you give your story?**

Anti-social introvert to social butterfly – ish.